Members are requested to give the articles to the Power Scene to the Editor. Articles from family members are most welcomed. Articles may be e-mailed to kjavahid@yahoo.co.in

Next unit meeting will be held at Kalarcode, Alappuzha on 15 Sep 2011 at 1.00PM All are requested to participate without fail.

| BOC | BOOK POST |
|--|----------------------|
| ഊർജ്ജ സംരക്ഷണം ശിലമാക്കുക. | Stamp |
| വൈകുന്നേരം 6 മുതൽ | Printed Matter |
| 10 വരെ വൈദ്യുതി ഏറ്റവും | To, |
| കരുതലോടെ ഉപയോഗിക്കുക | EdEngineer, K.S.E.B. |
| If undelivered, kindly return to; K.J.Abdulvahid | |
| Secretary, KSEB Engineers Association 220 KVS/S; Punnapra-688004 | PIN |
| | |



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ഏവർക്കും സ്നേഹം നിറഞ്ഞ ഓണം, റംസാൻ ആശംസകൾ





HRM and T&P

For the last four or five months the pivot of common mans discussion in our organization was transfer and posting. Quite naturally, everybody has his own concern about suitable and convenient posting. Especially we have or some have immense freedom and chances for better placement than others due to a number of reasons known to everybody.

We studied that the preliminary objective of HRM as to ensure the availability of competent, skillful and competent work force to an organization. To ensure such availability it took three months or more and is still continuing. We are heard of a lot of scientific methods for achieving this. But it is sure that none of these methods were used or even thought of. The posting and placements were not according to the organizational interests but merely on political interests. It is not new, from the last decade or even before it was started gradually and growing to this level.

It is true that the HRM functions are confined to T&P and all the other multidimensional functions are forgone and forgotten. The organization has to pay the cost.

The unscientific and unjustifiable promotion policy, the socialist pay package without considering the performance, work and skill, and the above placement policy etc all created an unhealthy state in the organization. Now the cream are not opting KSEB as their prime employment. Our organization became the only technical organization recruiting the 2% drop outs and empowering them with short term promotions to supervisory cadre. What an idea Setgi? What an empowerment?

We have to wait for a change. KSEB has to pray for a new education policy to avoid dearth of man power input to its major work force. Most of the all promotives will go for other and only the filtered out will be existing for KSEB.

It is assumed that the T&P orders are delivered. If any anomaly persists, it will be rectified soon within a satisfactory period.

Yes, we are satisfied with all and ready to be happy with.

B- positive 2011

A ONE DAY EMPOWERMENT WORK SHOP FOR MEMBERS AND FAMILY ON 6^{TH} OCTOBER 2011 9-30 TO 4-30 AT TINY TOTS ALAPPUZHA.

Insight Mission Leadership Workshop is an activity-oriented and interactive programme laced with lot of fun and laughter. The aim of the programme is to enhance the confidence level, values and leadership quality of the participants. All participants get opportunity to interact and actively involved in the sessions. The programme is highly inspirational, interesting and also informational.

MORE DEATAILS WILL BE PUBLISHED IN THE OCTOBER'11 POWER SCENE.

Celebrating Engineer's Day on 15th September.

The Engineers' Day is celebrated on 15 September every year.

The day is the birthday of Sir Mokshagundam Visvesvarayya (1860–1965), the eminent Indian engineer from the (University of Pune) and statesman born in Muddenahalli-Kanivenarayanapura in present-day Karnataka. He served as the chief engineer during construction of Krishna Raja Sagara on the Kaveri River near Mysore. He also built many dams in the Bombay presidency (present-day Maharashtra). The dams built by him are still functional today, a testimony to his brilliance, skill, honesty and dedication.

To commemorate the birthday of Bharat Ratna Sir M Visvesvaraya, many annual events take place in India. National level organizations like The Instituitions of Engineers (India) conduct meets and events on this occasion.

In this occation, KSEB Engineers' Association, Alappuzha unit conducting a seminar at College of Engineering, Punnapra.



Sir Mokshagundam Visvesvaraya (1860–1965)

Traditional Breakfast Modern Breakfast

Puttu, made of unpolished rice powder

Corn flakes with milk, fruits and nuts

with bananas bengal/green gram is

truly wholesome

more presentable

costs around Rs. 75 for 5

Costs around Rs. 150 for 5

Luckily, the marketing giants of pizza/ burger/ Noodles has not extended their clasp to the mid-day meals of our elders consisting of rice and rich vegetable side dishes. The Oats and Cornflakes marketing companies, have encroached to the first and final meals of our modern day elders. Let us not

completely turn our back to corn flakes, pizzas and Oats; occasionally we may also enjoy it, as they aren't too bad and sometimes very convenient too.

But we should be aware that we need not become addicts to the marketing tricks of excessive consumerism.

Tradition is Aristocracy sometimes!

It's Easy to

It's Difficult to

| a. | judge the | e mistake of others | recognise our owi | n mistake |
|----|-----------|---------------------|-------------------|-----------|
| 7 | 77 | | c , , | |

b. talk without thinking refrain the tongue c. hurt someone who loves us heal the wound d. forgive others ask for forgiveness

e. set rules follow them
f. dream fight for a dream
g. show victory assume defeat

h. get into someone's adderss book get a place in someone's heart i. pray for god's blessings see eveything as god's blessing

j. promise full fil it

k. say we love show it in action
l. criticize others improove oneself
m.make mistakes learn from them

n. think about hardwork stop thinking and start working

o. think bad of others think good of others

p. recieve give

q. break something mend the same thing

r. speak hear

s. fall in love choosethe right

t. kill give life
u. roam dome
v. love to be loved
w. fall rise

x. blame praise

y create a problem solve a p

y. create a problem solve a problem z. read this... remember this ...

- Editorial Board

തുമ്പക്കുടമേ പുമുടാൻ വരുമോ...

തുഷാരവെള്ളിമണിമാലഖിട തുമ്പമലരൊരു വേളിപ്പെണ്ണ്... തുന്നിക്കൊടുത്തതാരാണിവൾക്കി തുവെളളപടുടഖാളഖിന്ന്..... താലിപ്പൊന്നിവളുടെ പുങ്കുദ്ദര്തിൽ ചാർത്തുവാണത്തുന്ന മാരനാരോ തങ്കുനിറമോലുമിളവെഖിലോ ചുണ്ടിൽപരാഗത്യൂടുമിളങ്കാറ്റൊ തിരുനെറ്റിരതടത്തിൽ മംഗല്യ സിന്ദുരമണിച്ക്കും കാന്തനാരോ താമരത്തുമ്പിലോ പുഭന്തൻ വടണ്ടാ *พุเหลดญ์โอก*ช พุ่มพวลดยกว തിരുവോണ പുലരി വന്നെക്കിടുമ്പോൾ തിരുമേനിചെഴുമന്നള്ളി വന്നിടുംബോൾ ത്യക്കാക്കരയപ്പന്നു പുമുടിടാൻ തരുമോ നിൻ തലഖിലെ തുമ്പക്കുടം...

> Geetha.L AE substation, Kayamkulam

Editor's note

What's there in Oats ?

There'a lot : Digestible fiber, calcium, phosphorous, vitamin, Iron etc ...

Why do people prefer Oats as their supper? Because: The fiber in it is very helpful for digestion and over all health, also, very easy to cook

But is there anything more in the answers to the above what and why questions? Yes!

What more is there in Oats? : An internationally presentable name!

Why do more people prefer Oats as there supper?: Because it is a symbol of prestige for the middle and upper class

But remember, Oats alone is not a wholesome meal. Oats along with milk and fruits is almost wholesome.

If we look back for the dietary habits of an average keralite for the period before two or three decades, their supper consisted of Kanji, made of unpolished rice, and a side dish such as 'chembu puzhukku' The Kanji is a rich source of fiber, iron, vitamins and carbohydrate.

The colocasia has proven to be cholesterol resistant. The curry made, mixing the boiled colocasia with coconut, garlic, turmeric cumin seed and green chillies (probably, Malayalee's favourite Kaanthari) makes it rich in calcium, phosphorous, iron ,potassium, protein and antioxidant as well as hyper tension resistant.

But we should be aware that we need not become addicts to the marketing tricks of excessive consumerism.

Tradition is Aristocracy sometimes

The cost of 1 Kg. of Oats ranges from Rs. 100 to 200, depending upon the brand. To make it a complete meal , milk, fruits and nuts are added, the cost of a single meal for a 5 members family would be around Rs. 125 to 150.

The cost of Kanji and puzhukku for a 5 members family would cost around Rs.50 to 75.!

Now let's have a look at the substitutes for the other meals, the international consumer market is stamping on us: